

# The Messenger



**Eureka First  
UNITED METHODIST CHURCH  
June 2019**

First United Methodist Church  
520 Del Norte  
Eureka, CA 95501

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## From Pastor Kathryn...

*"I said, 'I will guard my ways that I may not sin with my tongue;'"*  
Psalm 39:1

Dear Ones,



Sometimes we can feel overwhelmed with what it means to follow in the way of Jesus. We may think that if we become familiar with the entire Bible, then we will know what to

do and how to live, but the Bible is a big book and parts of it may seem to contradict other parts; it can get complicated and challenging. On a recent retreat at St. Columba's Episcopal Church in Inverness I picked up a book written by that church's resident priest, Rev. Vincent Pizzuto. I have been reading short sections of this book, *Contemplating Christ: The Gospels and the Interior Life*, each morning during my devotional "chair" time and recently a story Pizzuto told really caught my attention. He recounts that during the time of the Desert Mothers and Fathers Abba Pambo, a young apprentice approached one of the Elders to learn a psalm. The Elder began to read from Psalm 39 but as soon as he completed the first part of the first verse, "I said, 'I will guard my ways that I may not sin with my tongue;'" Abba Pambo departed without waiting to hear any more. Six months later when he visited the Elder again he was admonished for his long absence and Pambo replied that he had been gone so long because "he had given himself over completely to the one verse . . . but confessed that he had "still not been successful in fulfilling it."

Vincent Pizzuto used this story to illustrate his belief that "Virtually every passage from Scripture contains within it the entire Gospel." In order for Pambo to not sin with his tongue,

"he had to not think ill of [the other]. In order not to think ill of them, he had to not judge them. In order not to judge them, he had to be compassionate. In order to be compassionate, he first had to see his own need for compassion. In order to see his own need for compassion he had to admit of his own sinfulness. In order to admit of his

sinfulness, he had to be humble. And in order to acquire true humility, he had to love God and his neighbor as himself. And upon this says Christ, 'hang all the law and the prophets' (Matthew 22:37-39)." (Pizzuto, page 33)

I think this idea that "Virtually every passage from Scripture contains within it the entire Gospel," is worth contemplating. I'm sure we can all look for and find passages that refute this claim, but I encourage you instead to apply this thought to a favorite passage of yours. Rather than skip from one inspirational passage to another, try staying with just one for a period of time and see if it helps guide you more deeply in the way of Jesus.

In Love,  
Pastor Kathryn

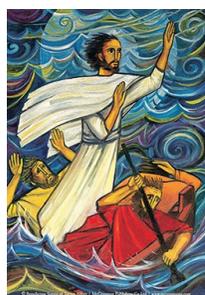
## A SEASON OF STORIES WRAPS UP— BUT THE STORIES GO ON

Our final speaker in the Season of Stories series will be Steve Peacock, a member of EFUMC and a descendent of settlers in the Smith River area, who will speak on Sunday, June 2.

Pastor Kathryn will continue conducting interviews after the presentations are complete. Your participation is intended to help assess whether hearing stories from Indigenous tribal members and engaging in conversation with them will increase compassion for this population. Please contact Pastor Kathryn for more information about this project and to volunteer to be interviewed for her research. (707) 599-2295)

## Annual Conference

The California-Nevada Annual Conference will meet June 19-22 at the Hyatt Double Tree Hotel in Modesto, California. Attending from Eureka First UMC will be Pastor Kathryn and



With  
Jesus  
in the  
Boat

-Matthew 8:23-27-

Rob Dunning and Lay Members Dan and Linda Dionne. The theme of this year's conference is "With Jesus in the Boat." This meeting is where the business of our UMC Conference takes place including: persons are

elected to various boards and agencies, an annual budget is adopted, reports are heard, a memorial service for pastors and spouses who have died during the previous year is held, much worship is shared, new pastors are commissioned and ordained, and appointments of pastors to local churches are "fixed." Any interested persons are welcome to attend the worship services and meetings during Annual Conference. Our Annual Conference covers a large geographical area ranging from Bakersfield in the south to the Oregon border of California in the north, the Pacific Ocean in the west and the Utah border of Nevada in the east. An equal number of clergy and elected lay members take part in the business transactions of the Annual Conference.

## Spring Into Summer Bible Study



Pastor Kathryn continues a Bible study on Paul's first letter to the church at Corinth on Tuesdays at 7:00 PM and Wednesdays at 10:00 AM. All are

invited to this Bible study that will meet for several weeks during late spring and early summer. The class will meet the first two weeks in June but will not meet June 18/19 and June 25/26 when Pastor Kathryn will be out of town for Annual Conference.

## Worship in the Redwoods



Join Us for Worship on  
Sunday Sep. 1

Grizzly Creek State Park  
Worship 10:00 a.m.  
Potluck Picnic Following  
Worship.

**There will also be a 9:30 a.m. Worship Service at Eureka First**

For many years Eureka First United Methodist Church has camped out at Grizzly Creek Redwoods State Park on Labor Day Weekend. Participants choose to come for all or a portion of the weekend. Some folks camp from Friday to Monday, but others for shorter periods of time. Grizzly Creek State Park has miles of hiking trails and the Van Duzen River provides a place for relaxing, wading, swimming, skipping rocks and Sunday morning baptisms. Organized activities include a potluck dinner on Saturday evening followed by singing around the campfire and Sunday morning worship at 10:00 AM followed by a potluck lunch. (There is also a 9:30 AM worship service in Eureka at the church)

Camping is in your own tent or RV and this year Eureka FUMC has again reserved the group site near the campground entrance. This group site will accommodate up to 40 persons and 8 vehicles. Cost per person to share the group site is \$5 per person per night (maximum \$15 per family per night) and includes 1 vehicle per family. Please let the church office (442-3015) know if you want to share the group site and how many of your family will be camping.

If you wish to have your own campsite, reservations need to be made at [reservecalifornia.com](http://reservecalifornia.com).

If you plan to come for worship on Sunday morning, just let the Park Staff know when you enter the park that you are with the UMC and the church will pay your day use fee. Grizzly Creek State Park is located about 20 miles east of Hwy 101 on Hwy 36 and is about a 50 minute drive from Eureka. For more information, please contact the church office.

## Sound and Video opportunity



Are you interested in learning something new? Do you want to have our own reserved seat in church? Do you want to give Brad a break from time to time? Consider becoming a part of the sound and video team. If you are interested in seeing what this is all about, please leave a message with the church office.

## Thank you Work Day Volunteers!

On Saturday, May 11<sup>th</sup>, volunteers worked on a variety of tasks around our church property. They pulled weeds, did weed eating, trimmed the hedge by the office, did major pruning of overgrown Rhododendrons in the play yard, replaced lights in Christie Hall, and hauled away hundreds of pounds of green waste. Thank you! to volunteers: Wayne and Linda Palmrose, Jim Elekes, Kathryn and Rob Dunning, Brad Mettam, Angela and Jamie Cameron and Carol Dianich.

## Second Saturday Work Days



noon.

On Saturday, June 8<sup>th</sup>, from 9:00 to 1:00, the Board of Trustees invites the whole church to come together to do the varied tasks of cleaning, sorting, and fixing that keep our church buildings and grounds in good shape. There are inside and outside tasks for everyone to do. Lunch is served to all the workers at

**Sunday, June 9th**  
**SECOND SUNDAY BREAKFAST**  
**8:30 a.m. to 9:30 a.m.**  
**In Fellowship Hall**  
**Everyone's welcome!**  
**Free will offering (\$5 suggested donation)**  
**to cover expenses**



## Third Saturday Supper is back!

On Saturday, June 15<sup>th</sup> at 5:30 PM you are all invited to *Third Saturday Supper* at Eureka First UMC. Dinner will be served at 5:30. The meal will conclude by 6:30 and be followed by cleanup by volunteers present and board games or other fellowship activities for those who wish to stay until 8 or 8:30. This will be a good time of food, faith and fun for all!

## Cup/Mug Wall



The Cup/Mug Wall in the hall between Wesley Chapel and the Fellowship Hall is a good way to reduce the use of disposable cups. If you don't have a cup or mug there, please bring one from home with your name permanently marked on it. You may also recycle one of our "unnamed" cups and name them for yourself. If you do have a cup or mug on the wall, please make sure it is clearly labeled or it may end up donated to the mission or a thrift store.

## Women's Book Club



*The Sisters of Charlotte Literary & Teatime Society* will meet Tuesday, June 18<sup>th</sup> at 3:30 p.m. in the Library. The book is *Becoming* by Michelle Obama

and this will be a no-host gathering, so bring a snack to share.



## Seasons and Colors of the Christian Year

The Christian Year follows a cycle of seasons that begins each year with the first Sunday of Advent and ends on Christ the King Sunday. Some Christian churches, like Eureka First United Methodist Church mark these seasons by a changing of colors used in our worship space and on the pastor's stole. There are two primary cycles within the Christian Year: Christmas (Advent – Christmas – Epiphany) and Easter (Lent – Easter – Pentecost) After each of these cycles there are ordinary times of growth that are symbolized by the color green. Advent and Lent are both preparatory seasons and are commonly symbolized by the color purple, a color of penitence and royalty. Blue, a color of hope, is often used as it is at EFUMC instead of purple during the season of Advent.

White and gold are joyous and festive colors used for Christmas, Epiphany and Easter and other festive days such as Baptism of the Lord, Transfiguration, Trinity, All Saints and Christ the King Sunday. Red, a color of fire, symbolizes the Holy Spirit and is used on the day of Pentecost, the fiftieth day of Easter (June 9 this year), and is appropriate for other special times such as services of ordination. Red is also used sometimes on Palm Sunday and during Holy Week as a symbol of Christ's blood.

There are no "laws" regarding the use of these or other colors, but the use of colors to symbolize the seasons of the Christian Year is a long held ecumenical tradition that helps us to mark the changing cycles of time.



## Church Family News

### Welcome to New Members!

On Sunday, May 26 we welcomed three new members to Eureka First United Methodist Church. They are Brad Johnson, Carol Dianich and Lynn Intersimone. Brad Johnson began attending worship here with Dorothy Weber and quickly knew he had found a church home. Carol Dianich has been attending worship for a little over a year and is a regular attender of Wednesday morning Bible Study. Lynn Intersimone, a granddaughter of one of the Christie sisters for which our Christie Hall is named, has attended Eureka First UMC for many years, but has just now made formal vows of membership. Welcome Brad, Carol and Lynn!

If you are someone who is not yet an "official" member of our church and would like more information about what it means to be a member, please contact Pastor Kathryn for more information.

Please hold the following persons in prayer:

Gail Johnson who was hospitalized recently  
Silas Morrison who is now living at Frye's Care

Home in Cutten

Neal Sligh

Jane Nelson's 3 year old grandnephew, Rhett

Michele Montgomery

Cory Cassevah, son of Sedona Bowser

Joshua Ruch, a young man struggling to find a job and dealing with depression.

Art Lewis

Diane Mettam  
Ralph Nelson  
Sadiki Koo's  
Aaron White and family  
Bev Strubinger  
Nancy Quintrell  
Shirley Peterson  
Galeladi Runningbrook  
Sally and Vis Upatisringa  
Marty Johnson  
Jonathan O'Keefe  
The O'Keefe family  
Wayne Palmrose  
Mark McKinney  
Irene Hedgecock

### Thank You from the Peacocks

Dear Church Family and Friends,

Words can not begin to express my appreciation for your love, prayers, and financial support for these mission trips around the country and Mexico. Without you, these trips wouldn't be possible. Thank you for opening my eyes to see beyond the Redwood Curtain and share the good news of God's love in tangible ways with so many people.

Love,

Sue Peacock

I see myself as still an active member of Eureka First United Methodist Church, living and serving outside the immediate area. Your gifts greatly reinforce this view. Thank you again.

Steve Peacock

### **A request from Galeladi and Sadiki:**

We are in need of dishes. Here's what we need: 5-6 dinner plates, 5-6 saucers, 3-4 drinking glasses, some silverware, a knife set, handmixer w/beaters, a rice cooker, baking dishes (pie, cake, brownie, and bundt pans), cookie sheets, baking sheets, pots w/lids, skilletts (prefer cast iron) and lids to fit if possible. Also, cereal bowls, plastic bins/glass containers to store bulk foods and spices, a glass measuring cup. I am also looking for a rolling pin, cookie cutters of any shape or size, and if someone has something they think I might like have them call me at 707-601-1346 and ask if I could use it. Thank you! My e-mail is: [rastagal707@gmail.com](mailto:rastagal707@gmail.com)

### **Celebrate Our Graduates**

Graduation Sunday will be June 9<sup>th</sup> when we celebrate all those transitioning from one level of education to another. Please get names of graduates to the church office so that we can acknowledge them.



## Celebrate the transition from spring to summer and our graduates!



Following worship on Sunday, June 9<sup>th</sup>, all are invited to an all church BBQ on the church grounds following the celebration of our graduates in worship. Hamburgers, Hot

Dogs, and Veggie Burgers will be provided for the BBQ – please sign up to provide other needed items. Please plan to join in fellowship with your church family.

## Take a visit to firstumceureka.org!

If you haven't already, go take a look at our new web site. The address is <https://firstumceureka.org/>. While you are there, why not drop us a note? Use the Contact form at <https://firstumceureka.org/contact/> to tell us what you think and make any suggestions for improvement. All messages are confidential and go directly to your friendly editor.

### Children's Trust Fund Scholarship Available

We are now accepting applications for our 21st Annual College Scholarship.

Criteria:

- Active in Eureka First United Methodist Church
- Accepted into an accredited trade or technical school or college or university for Fall 2019

Applications must be submitted by July 1st and are now available in the church office. For more information on this and other scholarship opportunities contact the church office.

To contribute to the fund mark checks CTF and (if you wish) note the name of the person to be honored or remembered.

## MAY WORSHIP ATTENDANCE

MAY 5 TOTAL – 87  
MAY 12 TOTAL – 81  
MAY 19 TOTAL – 46  
MAY 26 TOTAL – 76



## JUNE BIRTHDAYS

2 Logan Alto	21 Adrienne Kerr
2 Clover Churchill	22 Jeremiah Forman
5 Sharon Warren	23 Marlane Rechelluul
6 Patricia Vance	27 David Samelson
7 Tom Newton	28 Lisa McAllister
11 Steve Peacock	28 Isaac Young
16 Sally Upatisinga	28 David Hayes
17 Bruce Thulien	29 Kathleen Tillinghast
18 Tony Kimura	30 Craig Benson
18 Richard Strubinger	30 Christine Evans

## JUNE ANNIVERSARIES

10 Neal & Sharon Sligh
12 Joann & Carrol Newquist
18 Teddie & Jon Lyons
21 Louise & Leo Fredrickson
21 Bill & Barbara O'Brien
27 Jamie & Angela Cameron
27 Marjorie & Larry Johnson
28 Ken & Paula Blackshear

**Congratulations! -- If we missed your special day or have the incorrect date, please call the church office so we can get it right next year.**

## MUSIC AT EUREKA FIRST



### Praise Band

Would you like to sing or play an instrument with the worship team? Join us for rehearsals on Tuesdays at 7 p.m.

### Handbells

We rehearse on Wednesdays at 7, working on new music for the upcoming year. Our next performance will be June 9.



Save the Date!  
Summer Bell Camp will return again this year, during the week of July 22-26. Lots more later!

## Luci Lights to Gaza—making a difference

Your birthday and anniversary pennies are going to purchase Luci lights to help the people in Gaza during blackouts. And they are making a big difference in people's lives!

### Food Donations for May—115 pounds!

Food placed in the basket in the narthex is distributed to the Food Bank, the Rescue Mission or kept in the church office for people who fall between the cracks of services available. Food is weighed by our children on the first Sunday of each month. Our goal is to collect one hundred pounds of food each month.



Food Donations will be weighed on Sunday June 2.

### DRUMM STICK SUNDAY 6/9



The Drums are in South Asia! As their home church we raise funds to support their project. One Sunday a month we sell DRUMM STICKS (ice cream cones) -- \$2 each. So, treat yourself to ice cream and support this exciting project.

## Submissions to the Messenger



If you have anything you would like included in the Messenger, please send submissions directly to your friendly editor, Dan Dionne, at [editor@firstumceureka.org](mailto:editor@firstumceureka.org)